



**SOUTHERN  
ARIZONA  
SENIOR  
PRIDE**

**SENIOR**  
LGBTQI+ Elder Voice  
**FORUM**

**PRIDE IS AGELESS.  
CELEBRATE!**

**EL ORGULLO NO TIENE  
EDAD. ¡CELEBRA!**

**SEPTEMBER–OCTOBER 2023  
Volume 19 • Issue Five**

*Celebrating, Supporting, and Uniting LGBTQI+ Older Adults*

## **Upcoming Senior Pride Event:** ***Feelings Are Facts: The Life of Yvonne Rainer*** **Sunday October 8, 2023 at 2 pm at the Loft Cinema**

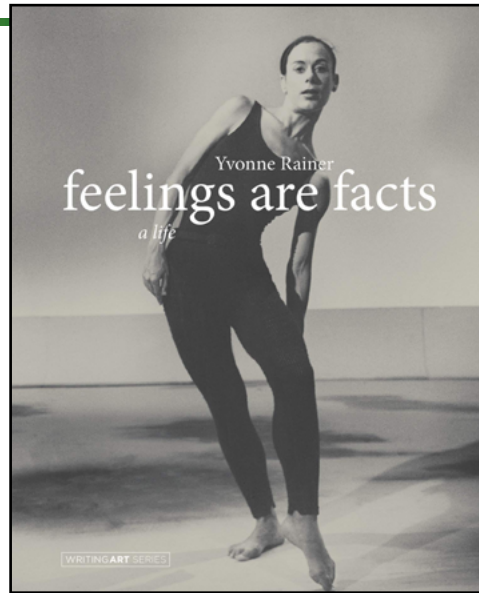
At 25, she took her first dance class,  
at 28 she changed dance forever.

*Feelings Are Facts: The Life of Yvonne Rainer* chronicles the defiant, uncompromising, and highly influential ideas of postmodern choreographer and filmmaker Yvonne Rainer. Over the course of her career, she revolutionized modern dance, generated what later became known as performance art, and changed the basic tenets of experimental film making - all during a time when women were largely ignored in the art world.

*Feelings Are Facts* tells the riveting story of how Rainer and a group of mavericks known as the Judson Dance Theater revolutionized dance in the 60s by introducing everyday movements like walking and running, performing in street clothes and sneakers, and screaming and yelling into the dance lexicon.

Restless and ambitious, Rainer moved into film making in the early 70s, introducing narrative elements into American avant-garde film, turning that genre on its head as well. A MacArthur "Genius" Award recipient, Rainer came out as a lesbian at age 50.

Tucson filmmaker Jack Walsh co-produced and directed *Feelings Are Facts* to introduce audiences to the intricate workings of a creative mind, a person making vibrant courageous and unpredictable work that invites audiences to question fundamental assumptions about art and performance.



Website: [www.feelingsarefacts.com](http://www.feelingsarefacts.com)

Tucson resident, Jack is an award-winning independent filmmaker and former public television producer. During his tenure at San Francisco public television

station KQED, he was Executive Producer on many series and documentaries that had national PBS broadcasts. Among his independent public television credits are – producer: *Hope along the Wind: The Life of Harry Hay*, executive producer: *Girl Trouble*, and producer: *Screaming Queens: The Riot at Compton's Cafeteria*.

His awards include two Emmy® Awards, three Golden Gate Awards from the San Francisco International Film Festival, and a Guggenheim Fellowship. Jack Walsh will be present to answer questions and give insights into the film.

*Feelings Are Facts: The Life of Yvonne Rainer* is presented by Southern Arizona Senior Pride as part of its on-going film series highlighting the contributions and history of the LGBTQI+ community.



***Celebrating, Supporting, and  
Uniting LGBTQI+ Older Adults***

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[www.SoAzSeniorPride.org](http://www.SoAzSeniorPride.org)

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# **Life can be Fun and Gaymes!**

**1p.m. on each second Tuesday,  
at the Habitat Community Center**

**Next Gayme Days: September 12th, October 10th**

On the second Tuesday of each month, you can find one of our very dedicated Senior Pride volunteers pulling together a fun array of entertaining games, LGBTQI+ themed decorations, and take-home mementos to present our monthly Gayme Day. This very special host, Geron Coale, has been perfecting these events for quite awhile now and loves welcoming both long-time and new attendees each month!

As most of us know, we all need to make time for play and laughter in our lives – just consider George Bernard Shaw's sage advice: "We don't stop playing because we grow old, we grow old because we stop playing."

Geron advises that research has shown that games support cognitive health in older adults, enhancing brain processing speed and memory skills. And at the same time, they're great fun and a terrific way to socialize and laugh with others you might not know so well ... at least not yet!

If you share a laugh with others, everyone feels happier, more positive, and more relaxed. Humor gets you out of your head and away from your troubles. Even if you grew up in a household where laughter was not a common sound, you can learn to laugh at any stage of life.

So plan on joining a great group of gamers at the Habitat Community Center for a couple of hours starting at 1pm on each second Tuesday starting to socialize, laugh and get those neurons firing!

**"We don't stop playing  
because we grow old,  
we grow old because  
we stop playing."**

George Bernard Shaw



Pima Council on Aging

**Help Line: 520.790.7262**  
(M-F 8:30am-5pm)

**[help@pcoa.org](mailto:help@pcoa.org)**

To learn about in house LGBTQ  
Elder Care specialists on PCOA's staff,  
email: [SBahnsen@pcoa.org](mailto:SBahnsen@pcoa.org)

Photo credit: Geron Coale



## COMMUNITY PROFILE: JAY KYLE PETERSEN BY TOM BUCHANAN

### *Why I Made a Planned Gift to Senior Pride...*

Like a lot of us, Jay Kyle Petersen knew where he DIDN'T want his money to go after his death. But he wasn't quite sure who he DID want to benefit from the assets he has accumulated over his lifetime.

As he was looking around for good places to be part of his legacy, he contacted Senior Pride and was glad to find people who were responsive, friendly, and helpful. As a member of the intersex community, Jay emphasizes that Southern Arizona Senior Pride is as valuable to him and his community as it is to lesbians, gay men, bisexuals, trans people and others included in LGBTQI+ identities. As Jay proudly says, "I am part of your community and I want to see Senior Pride flourish. It's important that Senior Pride enjoys a financially secure future."

Jay is a fascinating guy. He's a social worker, published author, speaker, an accomplished [artist](#) and a good financial manager. He loves birds, classical music, science fiction, trees, and good hugs. From a young age he knew he was "a boy in a different body." His book [A Comprehensive Guide to Intersex](#), available on Amazon and almost 500 libraries worldwide, provides readers with everything they need to know about being intersex - people who are born with any range of sex characteristics that might not fit typical binary notions about male and female bodies.

Jay's path has not always been easy, to say the least. His genetics physician Christina M. Laukaitis, MD, PhD, stated "Intersex people are much more likely to have survived physical and sexual abuse [and] An intersex person will have likely abused alcohol or another substance. Some are lucky to have instantly supportive families and communities many more will have had to find or make their own support structure." He is open about the fact that he has been in recovery for drug and alcohol abuse for over 47 years and with the exception of his Grandmother to whom he dedicated his book, he has had to find his own support system which includes Southern Arizona Senior Pride. He went on to share that members of his community often



fear for their safety and are marginalized by society as a whole and even victimized by medical and legal systems. Whereas, many indigenous and non-western cultures are accepting of diverse fluidity giving language specific names to children

born intersex marking status ([read more here](#)). Jay emphasizes that, like all of us, people born intersex just need friendship and acceptance and a safe place to be themselves.

Jay advises that when making estate plans, think carefully about the people and causes that are important to you. Talk to your financial institutions. For instance, POD (payable on death) beneficiary designations are the simplest way to make sure that at the time of your death the accounts you have go straight to the people and organizations you care about. These designations can often be divided into percentages so you can give to multiple entities. Be sure you know the full legal name, mailing address, and tax ID number for Senior Pride and other individuals or entities you may wish to support when inquiring at your financial institution. Jay also noted that making a beneficiary designation does not in any way limit or interfere with how you spend your money during your lifetime, and of course you may choose to change your beneficiary designations at any time.

Jay is proud to be a member of Senior Pride's Joyce Bolinger and Lavina Tomer Legacy Society, and encourages you to consider including Senior Pride in your estate plans and letting the organization know so they may recognize you and your commitment to a stronger Senior Pride for generations to come.

Visit Jay's website, <http://jaykylepetersen.com/>, for more information and links to buy his books and artwork.



## ONGOING EVENTS: For more information, registration and Zoom links visit [www.SoAzSeniorPride.org](http://www.SoAzSeniorPride.org)

### WE ALL NEED ADVANCE MEDICAL CARE PLANNING!

#### HONORING A LIFE: ADVANCE MEDICAL CARE PLANNING WORKSHOPS

If you haven't yet attended one of our workshops for LGBTQI+ older adults to properly plan for medical care and end of life needs, you really should before you need it!

Easy-to-complete living wills, powers of attorney and other important documents are covered, as well as other ways to ensure your health care wishes are recorded and your identity as a LGBTQI+ individual is protected.

### Honoring a Life Workshop

(in person with Zoom option)  
**Thursday, Sept 14, 10am – Noon and  
Wednesday, October 4, 3 – 5 pm**

The in-person Tucson location will be provided to registrants along with workshop materials a week before the workshop, with Zoom option available upon request. To ensure enough materials, all attendees need to register online via link in upcoming Friday eNews or by clicking the date above.

For more information, or to schedule a follow-up "Meet and Complete" session or one-on-one coaching, please email [eol@soazseniorpride.org](mailto:eol@soazseniorpride.org) or call (520) 312-8923.

### Honoring a Life Community Resource Fair

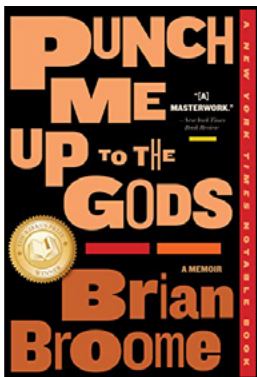
(in honor of dia de los Muertos)  
United Way Conference Center – 330 N Commerce Park Loop  
**Friday, November 3, 10:30am – 3pm**

**SENIOR PRIDE BOOK CLUB** – <https://soazseniorpride.org> for more information and registration. Or email: [info@soazseniorpride.org](mailto:info@soazseniorpride.org)

### Punch Me Up To The Gods

By Brian Broome

**Wednesday, September 20, 2-3:30 PM**



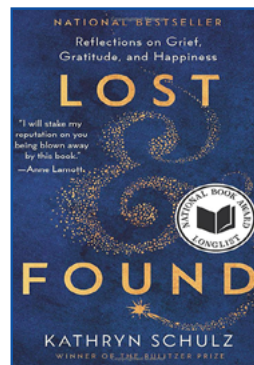
*Punch Me Up to the Gods* introduces a powerful new talent in Brian Broome, whose early years growing up in Ohio as a dark-skinned Black boy harboring crushes on other boys propel forward this gorgeous, aching, and unforgettable debut. Brian's recounting of his experiences—in all their cringe-worthy, hilarious, and heartbreaking glory—reveal a perpetual outsider awkwardly squirming to find his way in. Indiscriminate sex and escalating drug use help to soothe

his hurt, young psyche, usually to uproarious and devastating effect. A no-nonsense mother and broken father play crucial roles in our misfit's origin story. But it is Brian's voice in the retelling that shows the true depth of vulnerability for young Black boys that is often quietly near to bursting at the seams.

### Lost and Found: A Memoir

By Kathryn Schulz

**Wednesday, October 18, 2-3:30 PM**



One spring morning, Kathryn Schulz went to lunch with a stranger and fell in love. Having spent years looking for the right relationship, she was dazzled by how swiftly everything changed when she finally met her future wife. But as the two of them began building a life together, Schulz's beloved father—a charming, brilliant, absentminded Jewish refugee—went into the hospital with a minor heart

condition and never came out. Newly in love yet also newly bereft, Schulz was left contending simultaneously with wild joy and terrible grief. Those twin experiences form the heart of *Lost & Found*, a profound meditation on the families that make us and the families we make.

### Senior Pride Connects Our Community -- Your Donations Keep Us Strong!

Senior Pride's cultural events, support groups, Community Cares Program, workshops, website with local resources, Facebook page, YouTube channel and weekly e-news updates provide a hub for our community.

**Our success is made possible by supporters like you. Please donate today.**

**By Check:** Make checks payable to Senior Pride or So.AZ Senior Pride  
Mail to: 1632 N Country Club Rd,  
Tucson, AZ 85716

**Online:** Go to our website  
<https://soazseniorpride.org>  
Click on "DONATE"

All donations to Senior Pride are tax deductible to the full extent of the law. Please note: We no longer qualify for the Arizona Charitable Tax Credit.