



# SENIOR Wingspan's Elder Voice FORUM

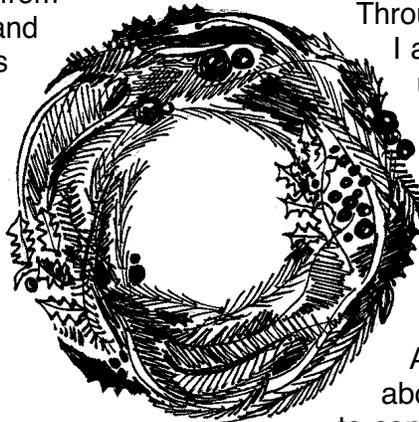
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430 East 7th Street, Tucson, AZ 85705 — 520-624-1779 — www.wingspan.org

## Michael and Rick's 4 bits



Not to belabor a point, but our October presentation at the JCC of "Gen Silent" is not quite ready to be put to bed. I've just been informed that the film is available free of charge for online viewing through New Year's Day 2013. If you missed our community screening of the film on October 21st, here is your chance to see it at your leisure. Either google the film's title or aim your browser at [http://stumaddux.com/GEN\\_SILENT.html](http://stumaddux.com/GEN_SILENT.html). The website contains a brief trailer of the film as well as a link to the complete showing, and a fine collection of comments and posts from other organizations (e.g., SAGE) and individuals who are involved in this issue. Our whole-hearted recommendation goes out to all of you who have not seen this film. Stu Maddux, producer, director and all-around creator of the film, was in Tucson at our screening of his film - I'd like to believe that he is presenting "Gen Silent" so generously to the public for this limited time as a result of having been with us on that occasion. Whatever the reason, we extend to him our thanks and gratitude and all the best for 2013!



## New Allies for Senior Pride

We were privileged to have Bridget Roads, the Outreach Coordinator for Neighbors Care Alliance, with us at the November 13 Wingspan Senior Pride Meeting to discuss that program, and how people can get involved. We have been looking at ways to integrate the LGBT senior community into the broader program of the Neighbors Care Alliance to ensure that common

everyday needs such as transportation to appointments, grocery stores, etc., assistance in house or yard maintenance and other services are available to all who need or request them.

And then there's Sarah Bahnson, a relatively new face at Wingspan, who offers the following introduction to herself:

### Amazing Senior Pride Community,

Allow me to introduce myself. My name is Sarah Bahnson. I am the newest member of the Anti-Violence Program team and I am excited to have been given the opportunity to work with Senior Pride. I have begun to attend monthly planning meetings at Himmel Park library to get acquainted with some Senior Pride folks.

Through Wingspan's 24 hour crisis line, I am collecting data to identify unmet needs within the senior LGBTQ community. In early December I will become a Pima Council on Aging (PCOA) ambassador, allowing me to disseminate accurate information and referrals regarding PCOA services.

Anyone interested in learning more about PCOA services is encouraged to contact me. I am interested in hearing your thoughts about the future of Senior Pride and how we can collectively create our vision. I look forward to developing a relationship with all of you!

Sincerely,  
Sarah Bahnson  
[sbahnson@wingspan.org](mailto:sbahnson@wingspan.org)  
(520)624-1779 ext. 131



## **PFLAG's Annual Senior Pride Dinner**

Our treasured friends and allies of Tucson's PFLAG chapter are once again stepping forward to offer their time and culinary talents in serving a dinner for Senior Pride members during the holiday season. This year's dinner will be held at Water of Life Metropolitan Community Church (3269 N. Mountain Avenue, between Prince and Ft. Lowell Rds) starting at 4:00 PM on Saturday, December 8. This is not a potluck for a change, so just show up with your appetite and join in with these fine people who are a deeply appreciated arm of the GLBT community in Tucson and in many other cities across the country. As a courtesy to them, please RSVP to either Mick (pflagtuc@pflagtucson.org or (520) 360-3795) or Jack & Karen ((520) 207-9120) so they have an approximate idea of how many to expect.

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## **Holiday Running Around (Literal and Figurative)**

Tucson Medical Center's Senior Services Healthy Living Connections presentation for December will appropriately deal with foot and ankle pain. Eric Antil MD will discuss bone and joint health regarding the feet on Thursday, December 13th from 5:30 to 6:30 PM. This free presentation is open to the public and takes place at TMC's El Dorado campus, 1400 N. Wilmot Rd. Please call 324-4345 to register and for more information and take care of those tootsies!

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## **And Speaking of Ambulatory Issues**

Our annual holiday Winterhaven Walkabout will be on Wednesday evening, December 19th for all who would care to join us meandering around one of Tucson's most brightly lit neighborhoods. Let's meet as usual at the intersection of Tucson Blvd. & Kleindale, which is on the western boundary of Winterhaven, at 5:45 PM. After walking through we'll meet for dinner at the India Oven at 2727 N. Campbell. If this kind of weather keeps us we won't need to bundle up too warmly! Hope to see you there.

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## **A Request for Our Help and Participation**

Senior Pride received this message in an email from a PhD candidate working on her dissertation

at the University of Colorado. Please consider helping her out by going online to participate in her survey.

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My name is Maya Pignatore and I'm a PhD Candidate in Clinical Psychology. I'm currently seeking participants for my dissertation study, specifically individuals age 50 and older who experience same-sex attractions. Wingspan's Senior Pride program seems to serve the population I'm looking for, so I was hoping to use you as a recruitment source.

The survey is completely anonymous (not even IP addresses are tracked). It takes about 20 minutes and consists of multiple choice questions with a few places for open answers and feedback. The study's goal is to assess identity development and well-being in older adults who experience same-sex attractions. Anyone who completes the survey is eligible to receive a \$10 amazon.com gift card if they so desire. This survey's results will be used to better our understanding of older adults who have same-sex attractions. It will also aid psychologists and people in helping professions develop better services for this population and shape our understanding of what aging is like for same-sex attracted individuals.

I have an IRB (Internal Review Board) approval/exemption for the survey through Nova Southeastern University (as no identifying information is collected). Anyone who has any questions or would like to see my IRB forms can contact me at pignator@nova.edu.

If you are interested in seeing the survey, please follow this link:  
<https://www.surveymonkey.com/s/GIQOlderAdults>

Thank you for your help.

Sincerely,

Maya Pignatore, M.S.

Psychology Intern CU Aging Center  
University of Colorado School of Medicine  
1436 North Hancock Ave  
Colorado Springs, CO 80903

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## **Upcoming Monthly Potlucks**

Our monthly potluck schedule has been changed for the remainder of 2012. The December gathering will take place on the third Saturday of the month instead of the fourth.

This month's potluck will happen on the 15th of December. Come join others for some food and conversation from noon to 2PM. Beverages and utensils will be supplied, just bring something to share, either from your kitchen or your favorite market. MCC Water of Life is located at 3269 N. Mountain Ave., between Fort Lowell and Prince Rds.

The monthly potluck will resume on the fourth Saturday of the month starting in January 2013.

If you have any questions, please call Lee or Merlin at 207-5336.

### Humor Corner



1. Acupuncture is a jab well done.
2. Does the name Pavlov ring a bell?
3. An actress who saw her first strands of gray hair thought she'd dye.
4. Is a book on voyeurism a peeping tome?
5. Once you've seen one shopping center, you've seen a mall.
6. Those who jump off a Paris bridge are in Seine.
7. A short fortune-teller escaped from prison is a small medium-at-large.
8. A hangover is the wrath of grapes.
9. Corduroy pillows are making headlines.
10. A boiled egg in the morning is hard to beat.
11. He had a photographic memory that was never developed.
12. Marriage is the mourning after the knot before.
13. A grenade in a French kitchen results in Linoleum Blown-apart.
14. Shotgun wedding: A case of wife or death.
15. A lot of money is tainted. It taint yours and it t'aint mine.
16. When a clock is hungry, it goes back four seconds.
17. A Freudian slip is when you say one thing but mean your mother.
18. The man who fell into an upholstery machine is fully recovered.
19. If you don't pay your exorcist, you get repossessed.
20. Practice safe eating -- always use condiments.
21. With her marriage, she got a new name and a dress.
22. A backwards poet writes inverse.
23. A chicken crossing the road is poultry in motion.

24. A bicycle can't stand on its own because it is two-tired.
25. What's the definition of a will? (Come on, it's a dead giveaway!)
26. Without geometry, life is pointless.
27. A man's home is his castle, in a manor of speaking.
28. When two egotists meet, it's an I for an I.

## December Events

### Meander in Tucson Meetup Group

List of events for lesbian women  
<http://www.meetup.com/MeanderinTucson>

### Senior Games

Every Monday (except holidays), 12:00 noon to 3:00 PM at Himmel Park Public Library branch, 1035 North Treat Ave.

### Tuesday, December 4 & December 18

(1st and 3rd Tuesdays) 9:00 AM

### Adopt a Park Iron Horse Cleanup

Iron Horse Park 10th Street between 3rd and 4th Avenue



### Tuesday, December 11 (2nd Tuesday) Senior Pride Planning Meeting

2 PM at Himmel Park Library, 1035 N. Treat Avenue (off Speedway) ph: 594.5305

### Saturday, December 15

(every 3rd Saturday of the month)

### 40s and Better Breakfast Group

A welcoming network of lesbians  
 Royal Sun Best Western Restaurant  
 SW corner of Speedway and Stone  
 9:30 - 11:00 AM  
 Phone contact: Carol Ehrlich 520-584-0339



### Saturday, December 15

#### Monthly potluck

A Senior Pride lunch open to all  
 Water of Life Metropolitan Community Church 3269 N Mountain Ave.  
 12:00 Noon Phone contact: Lee Roden/Merlin Spillers 520-207-5336



430 E. 7th Street  
Tucson, AZ 85705

RETURN SERVICE REQUESTED

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**A good conscience is a continual Christmas.**

~ Benjamin Franklin

*I wouldn't say that holidays are manufactured by corporations,  
but they're certainly exploited and mined by them.*

~ Dan Savage

**Now, near the Winter Solstice, it is good to light candles. All the nice meanings of bringing light to the world can be beautiful. But perhaps we are concentrating on lighting the world because we don't know how to light up our own lives.**

~ Ralph Levy, "Hanukkah - Another View"

*I celebrate everyone's religious holidays. If it's good enough for the righteous, it's good enough for the self-righteous, I always say.*

~ Bette Midler

**Orphans, dead parents, lonely children at Christmas, morose spoken word recordings, everything you love about the holidays. Move the turkey over so you can fit your head in the oven.**

~ April Winchell