Senior Pride is deeply honored to have been chosen as an annual recipient of a $20,000 grant from the Stonewall Foundation Fund held at the Community Foundation of Southern Arizona (CFSA). Originally a community support organization, the Stonewall Foundation was launched 50 years ago in 1972 by Bill and Susan Small. It has been run since 1993 by their son, Rick Small. Rick is an active community member who values the important work of local nonprofits.

In receiving these funds, Senior Pride joins the ranks of 14 other Tucson nonprofits such as LGBTQI+ community favorites like TIHAN and Reveille Men’s Chorus. Rick explains that he chose to honor Senior Pride with this transformational annual funding because he values “the organization’s mission and proactive service to the community.” Rick notes that “there is such a high incidence of single people in our community. It’s important to have a strong network.” The annual gift may be used by Senior Pride in whichever capacity the organization feels will best serve its mission and longevity. “We give you a pie,” Rick explains. “You decide how to cut it.”

A Tucson native, Rick was previously a school teacher and is the proud father of three grown children. After serving as Stonewall Foundation President and CEO for almost thirty years, Rick is pleased to have recently transitioned the foundation to a donor advised fund of CFSA. Rick’s family has been involved in Tucson in many ways since 1940. While the name of the foundation fund might suggest a connection to the Stonewall riots of 1969, Rick explains that his father named the Stonewall Foundation for a beloved family home in Barrington, Illinois.

Since its inception the Stonewall Foundation has donated 45 million dollars in Tucson, primarily to the arts, health, and education sectors. “It’s a wonderful experience,” Rick says, “to be on the giving side of things.”

Thank you, Rick, and The Stonewall Foundation Fund, for this outstanding and generous support. The benefits to Senior Pride’s growth and sustainability are invaluable.
Southern Arizona SENIOR PRIDE

Celebrating, Supporting, and Uniting LGBTQI+ Older Adults

1632 N. Country Club Rd.
Tucson, AZ 85716

(520) 312-8923
info@soazseniorpride.org
www.SoAzSeniorPride.org

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SAVE THESE DATES:

Health and Wellbeing Program: Better Living Through Nutrition!

Wed., January 26th, 2022 12:30 - 2:00 pm
Cornerstone Fellowship • 2902 N. Geronimo (and Laguna).
Near First Ave. and Glenn

Register Online at: www.soazseniorpride.org

This is an interactive and informative class on nutrition for older adults. We will have small group breakouts along with a review of food groups, compare what we’re consuming vs. healthy recommendations, and explore which nutrients and supplements make a positive difference in our lives. We will end with a discussion on how to balance our nutritional needs as older adults. This class will be led by knowledgeable Nutritional Sciences students from the University of Arizona. Masks and Vaccination Cards Required.

Gatherings in Himmel Park

Sat., January 15, 2022 – Sat., February 19, 2022 • 10:00-11:30am
West Side of Himmel Park • off of Treat Ave
Register Online at: www.soazseniorpride.org

We are delighted to announce that in 2022 we will be organizing Gatherings in Himmel Park EVERY THIRD SATURDAY of the month. January through March, we will meet from 10:00am to 11:30am. We look forward to visiting with you there! Bring your own chair, food, drink, and whatever you need to be comfortable. Masks Requested. Please Be Vaccinated!

Elder Support/Discussion Group

Sat., January 8, 2022 – Sat., February 12, 2022 • 10:30am-Noon
Cornerstone Fellowship Social Hall
2902 North Geronimo (and Laguna). Near First Ave. and Glenn
Registration Required at www.soazseniorpride.org

Explore what it means to be an LGBTQI+ older adult with other LGBTQI+ elders. We will listen to and support each other with respect, compassion, and confidentiality EVERY SECOND SATURDAY of the month. Discussion topics will vary. If weather permits, we will sit outside so please bring a comfortable chair. Otherwise the group will meet indoors. Masks and Vaccination cards required.

Questions: info@soazseniorpride.org or 520-312-8923

PCOA
Aging with Pride
Pima Council on Aging
Help Line: 520.790.7262
(M-F 8:30am-5pm)
help@pcoa.org
To learn about in house LGBTQ Elder Care specialists on PCOA’s staff, email: SBahnson@pcoa.org
Community Profile: SANDY DAVENPORT, Advocate for Justice
By KAY SMITH

Sandy Davenport came to Tucson as a result of her partner’s health need to live in the desert climate. And what good fortune that has been for Tucson! She was motivated to address human needs and provide advocacy which prompted her to pursue a Master’s degree in Social Work. This also paralleled her life’s philosophy of “Remain calm, nurture yourself so that you can nurture others and seek justice.” And this is what she did for over 20 years in her career.

Sandy provided advocacy at Carondelet St. Mary’s Hospital and created a routine domestic violence screening that even included LGBTQ+ people. This screening is still in use today in E.R.s. Another advocacy position she held was as the director of the Tucson Women’s Commission where she advocated for pay equity and other social justice issues. Before retiring Sandy worked at Pima Council on Aging (PCOA) addressing advocacy, providing forums, and working on housing issues. While at PCOA, she founded Project Visibility—a program that continues today as Visibility Matters and has provided diversity training for the needs of LGBTQ++ individuals in healthcare settings for 10 years.

Although Sandy is now retired she continues her lifetime work of advocacy. Currently she volunteers with the NAACP’s Criminal Justice Committee to eliminate the “cash bail” problem in AZ which keeps people from lower socio-economic groups incarcerated for long periods of time prior to their trial dates. She also serves on the League of Women Voters’ educational forum that is working with national experts to provide a forum on “Truth, Racial Healing, and Transformation”.

For relaxation and regeneration Sandy enjoys meditation, gardening, yoga, painting, friends, going to the ocean and playing with her kitten “Francesco”. Her hope for the future is that there will be a cultural shift for the world to reverse and heal the effects of toxic patriarchy that damages the earth and all who live here. Her hopes for our Tucson community include that Senior Pride will continue their outstanding work which also supports LGBTQ+ housing needs. She also dreams of a community center when we can all gather safely again.

Senior Pride Connects Our Community --
Your Donations Keep Us Strong!

Senior Pride’s cultural events, support groups, Community Cares Program, workshops, website with local resources, Facebook page, YouTube channel and weekly news updates provide a hub for our community.

Our work is made possible by supporters like you. Please donate today.

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All donations to Senior Pride are tax deductible to the full extent of the law. Please note: We no longer qualify for the Arizona Charitable Tax Credit.
February Book Selection: The Night Watchman by Louise Erdrich

Winner of the 2021 Pulitzer Prize (and numerous other notable awards), The Night Watchman is an account of “the struggles of generations of Native people to retain their cultural identity and their connection to the land.” (Library Journal) Erdrich, herself a member of the Chippewa tribe, marries her storytelling skills with her own experience and insight to create “above all else a story of resilience… It is a story in which magic and harsh realities collide in a breathtaking, but ultimately satisfying way. (New York Journal of Books)

Wednesday, February 16, 2022
2-3:30 p.m.
Register Online to Receive Zoom Invitation

January Book Selection: Geography of the Heart by Fenton Johnson

The publisher proclaims that Johnson’s is an “unforgettable book about the transformative power of love — how it makes us into the bravest and best persons we are capable of being.” Geography of the Heart received the American Library Association and Lambda Literary Awards for best LGBT Creative Nonfiction.

Johnson is professor emeritus at the University of Arizona and teaches creative writing workshops nationally. He will make himself available to join our discussion.

Wednesday, January 19, 2022, 2-3:30 p.m.
Register Online to Receive Zoom Invitation

Comming Events

HONORING A LIFE: ADVANCE MEDICAL CARE PLANNING

Zoom workshops give LGBTQI+ older adults the opportunity to explore planning for medical care in the event of an unexpected medical need. We cover all the necessary directive documents as well as other considerations to make sure your health care wishes are recorded and your identity as a LGBTQI+ person is protected in those situations. Erin Russ and Bruce Hyland facilitate these workshops and offer optional “Meet and Complete” sessions for those wanting extra help beyond the workshop plus One-On-One coaching by special request.

Next Workshop dates
Jan. 22, 2022 •10:00am - Noon; Register by Jan. 13, 2022
Mar. 3, 2022 • 2:00 – 4:00 pm; Register by Feb. 23, 2022

For more information or to schedule a workshop or One-On-One, contact Erin: eol@soazseniorpride.org or (520) 312-8923.
Register & receive Zoom link at https://soazseniorpride.org

Senior Pride Book Club

HEALTHY-ISH COOKIES -- the oats, cinnamon, and peanut butter help to lessen the impact on blood sugar

Mix ingredients together. Before baking, refrigerate the dough for 30 minutes or more. Overnight is fine, too. When ready to bake, preheat oven to 350 degrees. Scoop dough by the teaspoon, roll the dough into a ball, arrange on a cookie sheet (they don’t tend to spread), and bake at 350 degrees for 9 to 10 minutes. I find it better to under rather than over bake…lest the cookies wander off into hockey puck territory. Possible additions could be nuts, dried fruit, chocolate bits, or rice cereal.

By Nancy Wilsted